Dear Families,

Your children have an opportunity to enter a poster and/or essay contest emphasizing this year's Red Ribbon theme "Life is your journey, travel drug free."

Poster size 11 x 17

Essay must be 250 words or less and printed or typewritten. The prompt is: "Step aboard your favorite car, plane, boat, or rocket ship. Pretend you are taking a journey through your life. What are at least three steps you will take to help you stay healthy and happy? What can you do to stay alcohol, tobacco and drug free?

I will have ENTRY FORMS in my office...each poster and essay must have an Entry Form attached!!!

Children will be grouped by ages: 5-7, 8-10, 11-13, 14-16 and 17-18.

Entries must be taken to the Oklahoma Sports Hall of Fame by November 17, 2018. 20 South Mickey Mantle Drive OKC Let me know if you have any guestions!

Sincerely, Tracy Hill Northern Hills School Counselor